Aspiration Precautions

Do Not leave food/drink. Speak with nurse first. Follow specific swallow strategies.

☞ 1:1 help needed at meals
  □ Needs to be fed
  □ Needs help to feed self
  □ Needs cues/reminders

👁 Feed when awake/alert

👆 Sit Up: 90° for meals/meds

👆 Stay up __ min after meal

👈 Head of bed: 30/45° always

☞ Oral care: brush & rinse
  □ Every 4 hours  □ Every shift

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